

The BMW Drivers Club NSW runs Supersprint events so that club members can experience driving their BMWs on a race circuit. The invitation to attend these Supersprint Events are extended to the members of other CAMS Associated Cars clubs.

It may appear to be a bit of a challenge to get involved in introductory motorsport and I hope that this introduction may assist.

Many BMW models and models of other marques are designed and built to be able to be driven faster than allowed on the public roads of Australia. In fact, all modern car models are more capable than the speed limit. Your car will perform nicely on a race track and you will experience the excitement.

Supersprinting is entry level motorsport and BMW Drivers Club NSW runs Supersprints under regulations and licence from CAMS (Confederation of Australian Motor Sport). Supersprinting is time-based motorsport with you in your Car against the clock, not door handle to door handle racing. Your driving will improve.

BMW Drivers Club website <http://www.bmwclubnsw.asn.au/motorsport> has a full description of our Supersprint and MotorKhana rules and regulations to make a competition with trophies out of our motorsport events. There is also a link to the CAMS Standard Regulations as well as our Supplementary Regulations for the day, Disclaimer, Scrutineering Form and Annex C. You register to enter and pay the entry fee for an event on the club's website <http://www.bmwclubnsw.asn.au/events>. Read the Supp. Regs. There is a bit to know about all this but it is really easy and I hope these points help.

#### **Preparation to be involved in BMW Drivers Club Supersprints:**

1. You need a CAMS L2S licence. As a member of a CAMS affiliated Club you can get that licence by filling in the online form on the CAMS website and paying the CAMS joining fee. This is your contribution to the CAMS insurance arrangements. When you take out that licence, apply for the CAMS Manual of Motor Sport. That manual fully describes all the requirement and it is also available on the CAMS website.
2. You need an approved helmet. Appropriate helmets are available from suppliers like Revolution Racegear, where club members receive a discount and there are many other helmet suppliers.
3. You need non-synthetic clothing, neck to wrist to ankle and non-synthetic shoes. Jeans and a shirt are ok. You don't need a race suit but that is the best and most comfortable garment.
4. Your car needs a fire extinguisher that is less than 3 years old. It is to be on a metal mounting bracket that is to be attached to the car within reach of you, the driver. Most drivers attach the fire extinguisher mount bracket under the passenger's seat front mounting bolts. Solid fixed installation not screwed to the carpet. Easy to do yourself or there are service companies that will mount the fire extinguisher for you. Bunnings have appropriate fire extinguishers for less than \$20. Check the extinguisher date before you buy it. We may run an "install your fire extinguisher day".
5. Your car needs front and rear tow couplings. The car comes with one tow coupling and you can purchase a second one from a BMW Dealer or one of the BMW Dismantlers like Parramatta Prestige. They screw into sockets on the front and rear of the car and are there so that your car can be towed if it breaks down or becomes stuck in a gravel pit.
6. Your car needs valve caps on each tyre. These caps are to have a secondary seal. Metal valve caps are easy to get and do the job. Some plastic caps don't have the secondary seal so are not approved.
7. Cover glass lights at the front of the car with protective film. Most modern cars have plastic lights that don't need covering. Great permanent plastic film is available from places like Supercheap.
8. On the entry on the website there are some forms: Print the Scrutineering Form. Use it to do your own check of your car, sign it and bring it with you to the track.
9. Print the Disclaimer, sign it and bring it with you.
10. All the rules for the competition are in Motorsport on the website. If you are entering the Annual Supersprint Championship you need to have your car in one of the 10 classes. The rules describe the classes and there is a modification declaration called Annex C. Download that document, fill it in and bring it with you. Once we have your Annex C we will include you in the competition.
11. If you have any questions, contact [motorsport@bmwclubnsw.asn.au](mailto:motorsport@bmwclubnsw.asn.au) or chat with one of the experienced club members.

### **On the Day:**

(Using Sydney Motorsport Park Amaroo Circuit as an example. The other circuits are all similar.)

1. Arrive at Sydney Motorsport Park Amaroo (South Circuit) around 7:30 AM. Enter is via the back gate and if challenged by the gate guard, just tell him/her that you are in the BMW day on South Circuit.
2. Choose a paddock spot. They are marked and there are no garage at Amaroo. Meet other competitors, prepare your car for the track, remove all the loose stuff from your car, tighten the wheel nuts, check tyre pressures, attach your tow couplings and with your helmet and appropriate apparel drive your car to Scrutineering. It is in the Pit Building Garage and opens at 7:30 and closes at 8:45. Don't be late.
3. Line your car up in the queue with your scrutineering form, track apparel and helmet. You need a battery location triangle for scrutineering. They are blue stickers 150mm on a side. If your car is dark you may need a white background triangle as well to make the blue tringle visible. Triangles are for sale at the Sign-On desk in the pitt building for \$1. Stick the triangle on the car to indicate the position of the battery.
4. Stay with the car. A scrutineer will check your car then please move the car from the bay.
5. Go to the Sign-On desk, present your disclaimer, scrutineering form, club membership card and CAMS licence.
6. Sign-On staff will provide your speed group sticker. Groups are numbered 1, 2, 3 etc. The sticker is to go on your windscreen top right corner.
7. If you are a regular you will have your own numbers so have them attached to the car. If not then Sign-On will issue your numbers. There is a list of numbers for regular attendees. Numbers are \$2 each and you need them for both sides of the car in either black or white to contrast with your car's colour. Have cash (\$8) with you. Stick your car numbers on the door panels or side windows.
8. Pick up your timing transmitter from timing on the second level of the pit building. Mount the transmitter on your car. Timing may have a bracket or may supply cable ties but be prepared to sort out attachment of the transmitter as directed by the timing group.
9. 8:45AM Attend Driver Briefing. Location will be announced. Usually at the base of the Pit Building. Sign the driver's briefing attendance sheet.
10. The Clerk of the Course will provide briefing on the running of the day, describe the rules and the flags that will be used. You will have read the Supp. Regs. that will be on display and on the club's website.
11. We start the day with a driver Practice Session for drivers who are new to this circuit or those who would like to practice appropriate lines. It will be a "Follow the Leader Session" for around 5 laps with each group having an experienced leader followed by 3 or 4 cars. The order of cars will change each lap on the main straight. Leaders may take inexperienced drivers in their cars during this session. All drivers and passengers will wear helmets and speed will be appropriate for the cars in the group to keep up and follow the leaders' lines.
12. We then run speed groups. Each speed group will run in turn and all sessions will be timed. The turns will be announced and may not be in order. Speed Group number signs are posted at the Dummy Grid.
13. When your speed group is called, drive your car to the Dummy Grid at the west end of grid building.
14. You will be in a set position on the grid and the Grid Marshal will have your starting grid position that has been determined by the time that you gave for this circuit on your registration, your previous form or just my guess of your possible time from your experience and your car type/model.
15. The Grid Marshal will send you out on the track spaced apart from other drivers. The session is around 10 or 12 minutes depending on temperature.
16. Take it easy, warm up yourself, your car, tyres, brakes and find your way round the circuit. Learn the lines, turn-in point, apex, exit. It is not a race. "Slow into a corner - fast out". This is Supersprinting – you against the clock. Take your time to learn the circuit and build speed. You have a whole day to get up to your best lap times.
17. Sessions will continue until lunch time. There will be two or three sessions before lunch. You can move around in your speed group by arrangement with the Grid Marshal and the other drivers. The aim is to have fastest to slowest positioned within the group. This reduces hold ups and need for overtaking.
18. Session times will be on Natsoft.com.au. Check them on your mobile phone.
19. At lunch time, using the times from the morning sessions, drivers will be regrouped in speed groups from fastest to slowest and those new grid positions will be used for the afternoon sessions.
20. In the afternoon there may be another 2 or 3 sessions. You will get plenty of laps during the day. The number of sessions on the day depends on incidents and breakdowns. We may combine groups towards the end of the day. Always listen for announcements.
21. At the end of the day, around 4PM, or when you are finished, return your timing transmitter to timing in the Pit building. If you take it home there is a problem and a cost for you so please return it.
22. Enjoy the day.